



FRIDAY

start	end				
4:00 PM	6:30 PM	Registration Check-in Orientation			
6:00 PM	7:00 PM	Dining Hall	Dinner Saturday Morning Water Workshop Sign-ups		Kids' Program
6:45 PM	7:00 PM	Welcome: MCS Steering Committee			7:00 - 7:15pm Parent & Child Orientation
7:15 PM	8:30 PM	Friday Feature - Penobscot Canoe Culture Continues w/ Jason Pardilla, James Pardilla			Mae, Sean, Sarah, Paul, & Phil
7:15 PM	8:30 PM				7:15 - 8:30pm See Kids Schedule for Details
8:30 PM	10:00 PM	Various	Campfire (Waterhouse Park) and/or Star Viewing (Waterfront) - Weather Dependent		

SATURDAY

start	end	WATER			LAND		
		Location	Workshop	Instructor	Location	Workshop	Instructor
6:15 AM	7:30 AM	Coveside	English Gates - Canoe Skills Practice Course	Self Guided - Setup all weekend	Waterfront	Mindfulness for Paddlers - On Land	Shawn Burke
					Coveside	Morning Yoga for Paddlers	Leah Titcomb
7:45 AM	8:45 AM	Dining Hall	Breakfast				
7:45 AM	8:45 AM	Dining Hall	Late Registration Check-in Morning (Water) Workshop Sign-ups - Land Workshops Do Not Require Sign-ups				
		WATER			LAND		
		Location	Workshop	Instructor	Location	Workshop	Instructor
9:00 AM	10:15 AM	Coveside	Introduction to Canoe Poling	Jean Gerber	Dining Hall	Birch Bark Canoe Discussion	Jason & James Pardilla
		The Docks	Tandem Canoeing Fundamentals	Shawn Burke & Monica Schnitger	Waterhouse Park	Setting up a River Camp Kitchen	Lisa DeHart
					The Pines	Paddle Carving Demonstration - ongoing thru the weekend	Ken Wize & Gerry Saunders
					The Pines	Intro, Anatomy of a Canoe, Kid's Paddle Clinic	Kids' Program
10:30 AM	11:45 AM	Coveside			Dining Hall	Can you say "Che'aguahadonganeek"?	Matt Hopkinson
		The Docks	Finding Balance in your Canoe	Leah Titcomb	Lakeside	Campfire Cooking	Andrew Dawson
		The Docks	Perfecting the J-Stroke	Kevin Slater & Becky Clough	Waterfront	Securing Your Canoe Load: A Hands-On Guide to Tie-Down Methods	Bob Myron
		Coveside	MaCKRO Boats	Kids' Program			
12:00 PM	1:00 PM	Dining Hall	Lunch Afternoon (Water) Workshop Sign-ups				
1:15 PM	2:30 PM	Coveside	Women's Intro to Canoe Poling	Lisa DeHart	Dining Hall	Debsconeag & Beyond: Share Your Maine Canoe Trips!	Martha Mixon, Sarah Hunter & You!
		The Docks	Northwoods Canoe Stroke - Tandem	Jane Barron	Waterfront	Beautiful Views, Quick Sketches from Canoes	Jean Gerber
		The Docks	Solo Canoeing - Three Basics I Learned the Hard Way	Keith Attenborough	The Pines	Backcountry Meals from the Market	Monica Schnitger
					Lakeside	Ropes & Knots for Canoe Outfitting	Jeff DeHart
					Lakeside Lodge	Solar System Activity and Stellarium Night Sky Tour	Kids' Program
2:45 PM	4:00 PM	Coveside			Dining Hall	Paddle to the Stars: Discovering Maine's Darkest Skies	John Meader
		The Docks	Flatwater Drills for Whitewater	Kevin Slater & Becky Clough	The Pines	Canoe Sailing - Practical Rigging for Canoe Trips	Benson Gray
		The Docks	Tandem Canoeing Intermediate	Shawn Burke & Monica Schnitger	The Pines	101 Uses for a Canoe Pole	Matt Hopkinson
		Coveside	Canoe Self-Rescue & Kid's Backcountry Safety	Kids' Program			
12:00 PM	7:00 PM	The Pines	Silent Auction				
5:45 PM	6:45 PM	Dining Hall	Dinner Sunday Workshop Sign-Ups				
7:00 PM	8:30 PM	Waterhouse Park	Kid's - Campfire S'mores				
7:00 PM	8:30 PM	Dining Hall	Saturday Feature - Beyond the Classroom: Student Exploration of Maine's NFCT with Teens-to-Trails				
8:30 PM	10:00 PM	Campfire	Campfire Star Viewing - Weather Dependent				

SUNDAY

start	end	WATER			LAND		
		Location	Workshop	Instructor	Location	Workshop	Instructor
6:15 AM	7:30 AM	Waterfront	Mindfulness for Paddlers - On Water	Shawn Burke	Coveside	Morning Yoga for Paddlers	Mae Corwin
					Dining Hall	Coffee with Maine Guides	Various
7:45 AM	8:45 AM	Dining Hall	Breakfast Morning (Water) Workshop Sign-ups				
		WATER			LAND		
		Location	Instructor	Workshop	Location	Workshop	Instructor
9:00 AM	10:15 AM	Coveside	Introduction to Canoe Poling	Jean Gerber	Dining Hall	Photography Workshop	John Meader
		The Docks	Women in the Stern (Women-only please)	Polly Mahoney & Jennifer Neptune	Lakeside	Quick and Effective Tarps and Shelters	Lisa & Jeff DeHart
		The Docks	Northwoods Canoe Stroke - Tandem	Jane Barron	Waterhouse Park	Campfire Donuts	Andrew Dawson
		Coveside	Canoe Olympics	Kids' Program			
10:30 AM	11:45 AM	Coveside	Topics in Canoe Poling - Skills Development	Matt Hopkinson & Jean Gerber	Dining Hall	The Art of Preparation: Research and Realities of a Norwegian Canoe Trip	Bob Myron
		The Docks	Tandem Skill Building	Polly Mahoney & Jennifer Neptune	The Pines	Cartopping & Canoe Transport	Keith Attenborough
		The Docks					
					Rec. Field	Field Games	Kid's Program
12:00 PM	1:00 PM	Dining Hall	Lunch Door Prizes Evaluations				
1:15 PM	2:30 PM		Pack-up & Depart				